## **Taking the FEAR Out of Joint Replacement - A Free Community Education Fair** June 25<sup>th</sup> at University of Washington-Bothell Campus from 9:00am – 12:00pm As published on <u>www.swiftpath.com</u>

Innovative surgeons in Kirkland are improving joint replacement surgery for patients and surgeons alike, and the country is starting to take notice. It's called the SwiftPath Program, and it's all about **shorter hospital stays, less pain, quicker recovery and getting people back to work and the activities they enjoy in record time**. Many patients qualify to return home the day of surgery. Top that all off with reduced costs and it's no wonder even the U.S. Congress wanted to hear about the successful results the SwiftPath Program is achieving with hundreds of local patients.

Are you or someone you know thinking about joint replacement, or curious what surgery for a new joint is like? Come find out what all the buzz is about!

"Dr. McAllister replaced my knee utilizing the SwiftPath Program. I was home four hours later. The pain was manageable with Advil, Tylenol, and ice. I never took any prescription pain medication. I was using crutches the first week and was back at work the second week. Two and a half weeks after surgery I played a round of golf, and shot the best score I've had at that course."



Join SwiftPath, Proliance Eastside Surgery Center, Pacira Pharmaceuticals, and IRG Physical Therapy as they team up to offer this free Community Education Fair: Taking the FEAR Out of Joint Replacement. (Read More)

Traditional joint replacement has long been recognized as the single most effective treatment of severe arthritis pain. But traditional joint replacements have involved pain, use of narcotics, and significant time away from work, family, and recreation, causing many people to fear having the surgery. People are also afraid of costs, including large deductibles, unexpected out-of-pocket costs, hidden facility fees, and complex out-of-network fees.

Surgeons at Proliance Eastside Surgery Center decided there had to be a better way. After two years of testing and perfecting improved surgical methods and effective patient education strategies, the SwiftPath Program was born. The result is effective, surgical treatment of severe arthritis with less fear.

"Patient Engagement is the blockbuster drug of the century." - Leonard Kish

Engaging patients in their care can improve outcomes and reduce costs, according to a report by the American Hospital Association Committee on Research. The SwiftPath Program is proving the power of patient engagement. SwiftPath recognizes that patient engagement is as important as proven methods and cutting-edge technology when it comes to creating a better patient experience. SwiftPath combines proven methods and the latest technology with three keys that engage patients and unlock the optimal surgery experience:

• JointCamp

- The Patient Guide
- SwiftPath's online communication platform

Patients attend JointCamp with their families to learn what to expect from surgery, how to prepare and how they can ensure the best outcome afterwards. Each patient goes home with a Patient Guide, authored by their surgeon, that puts everything they need to know at their fingertips. Patients leave the camps feeling empowered and ready to participate fully in their surgery and recovery.

Following JointCamp, patients register on the SwiftPath online platform which gives them tools to send their surgeon real-time feedback about how they are doing after surgery from the comfort of home.

How do patients feel about their SwiftPath experience? Satisfied, grateful and eager to share their experience with others.

## The SwiftPath JointCamp

"This process takes you through everything, soup to nuts and that's what a person needs. We need to understand what's happening to us, what we're going to go through, how it's going to work in my life, how it's going to effect my family. What do I need at home?

Pro Ortho and my outpatient joint replacement have exceeded my expectations. Everything was organized so that when I got home I could just take care of myself the way that they told me to. I immediately became an informed partner with my surgical team, and that made all the difference.





Betty at home, four hours after her total knee replacement: "I would rather have my joint replacement at the ASC (ambulatory surgery center) because of the time involved and the procedures involved that you have to have in the hospital which are longer. If you could come in and have that care in a surgery center, I think it would be much smoother."